
Waist To Hip Ratio Calculator With License Key



Waist To Hip Ratio Calculator Download [Win/Mac]

This Excel template calculates the ratio between the waist and the hip. Based on the result, it places the user into one of 4 categories: low, moderate, high and very high risk of health problems. This

Excel template contains 1. Detailed instructions 2. 4 worksheets 3. Classifications 4. Borders Based on the information provided by the user, the user is classified into one of 4 categories. The user can then view their classification and the calculation is saved in the

Excel file. This Excel template contains 1. 4 worksheets, with titles and headings as follows: 2. Classifications 3. Borders The user is presented with 4 worksheets and 4 classifications: 2. Classifications (up to 4 entries) Are you at risk for a

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Waist To Hip Ratio Calculator Crack

It is a simple calculator to measure your waist to hip ratio with high accuracy and precision. When you enter your age, gender and waist size, the calculator will show you the calculator result in just a few seconds. If you are a man, then you need to measure your waist to hip

ratio. If you are a woman, you can also measure your waist to hip ratio by yourself. Waist to Hip Ratio Calculator Features:

- You can calculate your waist to hip ratio by yourself
- It takes just 2 minutes to calculate
- It uses the latest technology to calculate

Waist to Hip Ratio Calculator

Usage: Enter your age, gender, and waist size into the formula, then click "calculate". The calculator displays your waist to hip ratio in the results. This Excel template will allow you to easily calculate your waist to hip ratio. The ratio is applied both to women and men. It is

calculated by measuring the smaller circumference of the waist, usually just above the belly button, and dividing by the hip circumference at its widest part of the buttocks or hip. You can classify your health risk based on its result. Studies show that WHR value 0.7 for women and 0.9 for

men correlate with general health and fertility. Waist to Hip Ratio Calculator

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The Waist to Hip Ratio Calculator is a simple and smart Excel template that will assist you in calculating your WHR. The form provided will allow you to calculate your waist and hip measurements.

You can use the form to calculate the hip diameter, waist diameter, waist and hip circumference by yourself.

Features: 1. This Excel template is very easy to use. Just fill in the Waist and Hip measurements and it will automatically calculate your waist to hip ratio and display

it on a chart. 2. The waist and hip circumferences can be measured on themselves or on a partner. Both can be used when you want to calculate your waist to hip ratio. 3. This Excel template is also capable of calculating other metrics. It may also be used to calculate your waist and hip

circumference in millimeters, inches, or centimeters. 4. This Excel template can also be used to calculate your Body Mass Index. 5. A clear and simple table is provided for you to look up any of the values you need to calculate WHR. 6. All values are automatically calculated and

your results are displayed on the chart. 7. A link to add the WHR chart to an e-mail and send the chart as a.png document to your contact. 8. The formula used by this Excel template is based on Toh Stenhaus' reference work, Body Measurement:. All formulas used in the template

are based on his formulas. 9.
The formula can be modified
by any professional Excel
spreadsheet coder who knows
how to modify formulas. 10.
After downloading this Excel
template, you can use it to
calculate your waist to hip
ratio with a simple click of
the mouse. License: The

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our free download section on this site. Read before you download: Instructions I have done my very best to explain every thing that is needed to be done, for you to download the file(s). So don't hesitate to use the template. You might also be interested in downloading the Waist to Hip

Ratio Calculator. It has all the same features as this template.

FAQ Q

What's New In Waist To Hip Ratio Calculator?

It's simple to calculate your waist-hip ratio, that's a measurement based on the proportion of your waist to

your hip circumference. Why
you need this calculator?

There is a strong correlation
between the body fat
distribution in women and
men and the risk of serious
health conditions, especially
heart disease and diabetes.

The World Health
Organization recommends

that the waist-to-hip ratio (WHR) be used to classify a person's risk of developing heart disease. The WHR is the ratio between the waist and hip circumference. For any one person, the ideal waist-to-hip ratio (WHR) is 0.7 for women and 0.9 for men. These ratios, first calculated

by Gino Germani, the director of the Coronary Risk Factor Study, are based on the waist circumference being about 17.5 cm (about 6 in) below the bottom of the hip bones (in the male waist), and a hip circumference of about 50 cm (about 19 in) for a woman and about 44.5 cm (about 17 in)

for a man. But ratios as 0.7 or 0.9 are ideal, not 6 in (17.5 cm) or 19 in (50 cm). The real measurement is the difference between waist and hip circumference. If the abdomen (belly) is smaller than the hips, then the waist to hip ratio is called WHR = waist circumference / hip

circumference. Or, if the hips are smaller than the belly, then the waist/ hip ratio is called WHR = hip circumference/ abdomen circumference or Belly belly/ waist circumference ratio. In other words, the waist to hip ratio is best calculated in cm. The new formulas are only

precise by the 0,1cm and they are all in cm. While the WHR can indicate problems and help determine a person's risk of serious health conditions, the waist circumference is a better indicator of those problems. While it is true that the WHR is a better predictor of health problems, it is not

the only thing that contributes to those problems. If you're in pretty good shape, you could have a waist circumference that puts you into the high risk category even though your WHR isn't high. Because of this, calculating WHR is not the only thing that people consider to determine a

person's health risk. So, the
calculation of
